

GROUND BEEF
80% LEAN / 20% FAT

Nutrition Facts

Serving Size: 4 oz. (112g)
Servings Per Container varied

Amount Per Serving

Calories 290 **Calories from Fat** 200

% Daily Value*

Total Fat 23g **35%**

Saturated Fat 9g **46%**

Trans Fat 0g

Cholesterol 80mg **27%**

Sodium 70mg **3%**

Total Carbohydrate 0g **0%**

Protein 20g

Calcium 0% • **Iron** 15%

Not a significant source of Dietary Fiber, Sugars,
Vitamin A or Vitamin C.

* Percent Daily Values are based on a 2,000
calorie diet.